



Appetizers

Tomatencremesuppe ^G Croûtons Sahne Basilikum Brot <i>Creamy tomato soup with croutons, basil and bread;</i>	4.5
Minestrone ^{A,I} Gemüsesuppe Parmesan Brot <i>Vegetable soup with croutons, basil and bread;</i>	4.5
Nachos ^{A1} Tortilla Chips Dips	5.5
Bruschetta ^{A1,J,L} Tomaten Basilikum Balsamico Olivenöl <i>Toasted bread with chopped tomatoes and basil;</i>	6.5
Caprese di Bufala ^{G,J,L} Tomaten Büffelmozzarella Basilikum Olivenöl <i>Tomatoes, buffalo mozzarella, basil and olive oil;</i>	9.9
Cazuela Gambas ^{B,D,N} Garnelen in Knoblauch-Chili-Olivenöl Brot <i>Fried prawns marinated in garlic, chili and olive oil with bread;</i>	9.9
Antipasti „Abasto“ ^{1,2,5,G} Gemischte vegetarische Vorspeise nach Art des Hauses <i>Grilled vegetables with bread;</i>	10.9

Salate

Gemischter Salat ^{C,I,J} Bunter Salat hausgemachtes Dressing <i>Mixed salad with homemade dressing;</i>	5.9
Griechischer Bauernsalat ^{G,C,I,J} Zwiebeln Tomaten Gurken Oliven Schafskäse Oregano Olivenöl <i>Greek farmer salad with onions, tomatoes, cucumbers, olives and feta cheese;</i>	8.5
Rucola Salat ^{C,G,I,J} Tomaten Parmesan hausgemachtes Dressing <i>Rocket lettuce with freshly shaved parmesan, cherry tomatoes and homemade dressing;</i>	8.9
Caesar's Salad ^{C,G,I,J} Römersalat Croûtons Parmesan Avocado Cherrytomaten Caesar-Dressing <i>Romaine lettuce, croutons, parmesan, avocado, cherry tomatoes and caesar dressing;</i>	8.9
▪ ...mit gegrilltem Gemüse <i>with additional grilled vegetables;</i>	10.9
▪ ...mit gegrillten Putenstreifen <i>with additional grilled chicken strips;</i>	11.9
▪ ...mit gegrillten Rinderstreifen ² <i>with additional grilled beef strips;</i>	12.9
▪ ...mit gegrillten Garnelen ^{B,N,D} <i>with additional grilled prawns;</i>	13.9
Salat „Napoli“ ^{C,D,I,J} Gemischter Salat Sardellen Ei Oliven Tomaten Balsamico <i>Mixed lettuce with anchovies, egg, olives, tomatoes and homemade dressing;</i>	11.9
Salat „Nizza“ ^{C,D,I,J} Gemischter Salat Thunfisch Ei Oliven Tomaten Balsamico <i>Mixed lettuce with tuna, egg, olives, tomatoes and homemade dressing;</i>	11.9
Salat „Rucola e Gambas“ ^{C,G,D,I,J} Garnelen frische Tomaten Avocado hausgemachtes Dressing <i>Rocket lettuce with fresh tomatoes, prawns, avocado and homemade dressing;</i>	12.9
Salat „Spa“ ^{B,C,D,G,I,J} Gem. Salat Garnelenspieß Avocado Tomaten Ei Parmesan hgm. Dressing <i>Mixed lettuce with prawn skewer, avocado, tomatoes, egg, parmesan and homemade dressing;</i>	12.9
Salat „Abasto“ ^{B,C,D,G,I,J} Gem. Salat Riesengarnelen Avocado Tomaten Oliven Zwiebel Gurken Mozzarellakugeln Parmesan hgm. Dressing <i>Mixed lettuce with king prawns, avocado, tomatoes, olives, onion, cucumbers, mozzarella balls, parmesan and homemade dressing;</i>	13.9

Pasta ^{A1}

Spaghetti „al Pomodoro“ ^{3,L} Feine Tomatensauce Basilikum <i>With fine tomato sauce and basil;</i>	7.5
Spaghetti „aglio e olio“ Knoblauch Olivenöl Chilischoten <i>With fresh garlic, olive oil and peperoncino, slightly spicy;</i>	8.9
Spaghetti „Bolognese“ ^{3,G,I} Würzige Tomatensauce Rinderhackfleisch <i>With ground beef and tasty tomato sauce;</i>	9.9
Spaghetti „Carbonara“ ^{C,G,1,2,5} Feine Sahnesauce Speck Ei Parmesan <i>With bacon, egg and parmesan cheese in fine cream sauce;</i>	10.9
Spaghetti „Scampi“ ^{3,G,I,B} Leichte Tomatensauce Garnelen <i>With prawns in light tomato sauce;</i>	12.9
Spaghetti „Frutti di Mare“ ^{3,G,I,B} Leichte Tomatensauce Meeresfrüchte Knoblauch <i>With seafood and garlic in light tomato sauce;</i>	12.9
Penne „Quattro Formaggi“ ^G Feine Vier - Käse - Sauce <i>With a cheesy cream sauce;</i>	9.9
Penne „all' arrabbiata“ ^{3,G,I} Leicht scharfe Tomatensauce Knoblauch Chilischoten <i>With garlic and peperoncino in spicy tomato sauce;</i>	9.9
Penne „Contadina“ ^{G,I} Cremige Sahnesauce Putenstreifen Champignons <i>With chicken strips and mushrooms in cream sauce;</i>	10.9
Penne „Abasto“ ^{3,G,2} Würzige Tomatensauce Rinderstreifen Champignons Käse überbacken <i>With beef strips, mushrooms in tasty tomato sauce and topped with melted cheese;</i>	11.9
Lasagne „al forno“ ^{3,G,I} Tomatensauce Rinderhackfleisch Béchamelsauce Käse überbacken <i>Homemade with ground beef and topped with melted cheese;</i>	11.9

Steinofen Pizza ^{A1,G,3,I}

alle Pizzen mit feinsten Tomatensauce und Mozzarella (ca. 35cm Ø)

all pizzas with the finest tomato sauce and mozzarella cheese (about 35cm Ø)

Margherita Mozzarella Basilikum <i>With mozzarella and basil;</i>	8.9
Funghi Champignons <i>With mushrooms;</i>	9.9
Salami ² Rindersalami <i>With beef salami;</i>	9.9
Prosciutto ^{1,2,5} Vorderschinken <i>With ham;</i>	9.9
Hawaii ^{1,2,5} Vorderschinken Ananas <i>With ham and pineapples;</i>	10.5
Tonno ^D Thunfisch rote Zwiebeln <i>With tuna and red onions;</i>	10.5
Napoli ^D Sardellen Kapern Oliven <i>With anchovies, capers and black olives;</i>	10.5
Regina ^{1,2,5} Vorderschinken Champignons Peperoni <i>With ham, mushrooms and peperoni;</i>	10.5
Diavola ² scharfe Salami Jalapeños Knoblauch <i>With spicy Italian salami, jalapeños and garlic;</i>	10.5
Speciale ^{1,2,5} Rindersalami Vorderschinken Champignons <i>With beef salami, ham and mushrooms;</i>	10.5
Vegetaria verschiedenes Gemüse <i>With seasonal vegetables;</i>	10.5
Capri Rucola Cherrytomaten Parmesan Mozzarella <i>With rocket lettuce, cherry tomatoes and parmesan;</i>	10.5
Capricciosa ^{1,2,5} Vorderschinken Champignons Artischocken Oliven <i>With ham, mushrooms, artichokes and black olives;</i>	10.9
Calabrese ^{1,2,5,6} scharfe Salami Gorgonzola Peperoni Oliven <i>With spicy Italian salami, gorgonzola cheese, peperoni and black olives;</i>	10.9
Quattro Formaggi Mozzarella Emmentaler Gorgonzola Feta <i>With mozzarella, emmentaler, gorgonzola and feta cheese;</i>	10.9
Quattro Stagioni ^{1,2,5} Salami Schinken Champignons Artischocken <i>With beef salami, ham, mushrooms and artichokes;</i>	10.9
Gernlinden BBQ ^{9,10,2} BBQ-Sauce Salami Jalapeños Zwiebeln Mais <i>With barbecue sauce, beef salami, jalapeños, onions and sweet corn;</i>	10.9
Parma ^{1,2,5,J} Parmaschinken Rucola Balsamico Parmesan <i>With parma ham, rocket lettuce, balsamico and parmesan;</i>	11.5
Abasto ^{B,D,I} Garnelen Knoblauch Zwiebeln Petersilie <i>With prawns, garlic, onions and parsley;</i>	11.9
Pinetto Mozzarella Blattspinat Gorgonzola <i>With mozzarella, spinach and gorgonzola cheese;</i>	11.9
Frutti di Mare ^{B,D,I} Meeresfrüchte Cherrytomaten Knoblauch <i>With seafood, cherry tomatoes and garlic;</i>	12.9
Presidente ^{G,1,2,5,J} Büffelmozzarella Parmaschinken Rucola Trüffelöl Parmesan <i>With buffalo mozzarella, parma ham, rocket lettuce, truffle oil and parmesan;</i>	13.9

Burger & Schnitzel

Hamburger Classic ^{A,G,I,J,K,2,3,4,9} 180g Rindfleisch Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>180g beef, leaf lettuce, tomato, cucumber and onions;</i>	9.9
Cheese Burger ^{A,G,I,J,K,2,3,4,9} 180g Rindfleisch Käse Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>180g beef, cheese, leaf lettuce, tomato, cucumber and onions;</i>	10.9
Italian Burger ^{A,G,I,J,K,2,3,4,9} 180g Rindfleisch Parmaschinken Parmesan Rucola Tomate Gurke Pesto-Sauce <i>180g beef, parma ham, parmesan, rocket lettuce, tomato and cucumber;</i>	11.9
American BBQ Bacon Burger ^{A,G,I,J,K,2,3,4,9} 180g Rindfleisch Käse Bacon Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>180g beef, cheese, bacon, leaf lettuce, tomato, cucumber and onions;</i>	12.9
Gorgon von Zola Burger ^{A,G,I,J,K,2,3,4,9} 180g Rindfleisch Gorgonzola Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>180g beef, gorgonzola cheese, leaf lettuce, tomato, cucumber and onions;</i>	13.9
Crunchy Chicken Burger ^{A,G,I,J,K,2,3,4,9} 160g Hähnchenbrustfilet in Flakes Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>160g chicken breast fillet in flakes, leaf lettuce, tomato, cucumber and onions;</i>	10.9
Veggi Burger ^{A,G,I,J,K,3,4,9} 140g Gemüse-Pattie Blattsalat Tomate Gurke Zwiebeln Burger Sauce <i>140g vegetable patty, leaf lettuce, tomato, cucumber and onions;</i>	10.9
Schnitzel „Wiener Art“ ^{A,G,I,J,K,2,3,4,9} <i>Schnitzel „vienna kind“;</i>	11.9
Schnitzel „Gorgonzola“ ^{A,G,I,J,K,2,3,4,9} Mit Gorgonzola-Käse-Sauce <i>Schnitzel with gorgonzola cheese sauce;</i>	13.9
Schnitzel „Oerlinghausen“ ^{A,G,I,J,K,2,3,4,9} Paniertes Schnitzel Spaghetti Carbonara gemischter Salat <i>Schnitzel with spaghetti carbonara and mixed side salad;</i>	16.9

Beilagen

Side dishes

Pommes Frites ^{A,I} mit Ketchup & Mayonnaise <i>French fries with ketchup & mayonnaise;</i>	3.5
Kartoffelecken ^{G,8,A,I} mit Sourcream-Dip <i>Potatoe wedges with sour cream dip;</i>	3.7
Gemischter Salat ^{G,I,J} mit Balsamicodressing <i>Mixed side salad with balsamico sauce;</i>	3.9

Grillspezialitäten

Grill specialities

Filetto di pollo alla Griglia ¹	13.9
Hähnchenbrustfilet vom Grill ca. 200g Kräuterbutter <i>Grilled chicken breast fillet approx. 200g with herb butter;</i>	
Salmone alla Griglia ^{B,D,N,H}	17.9
Lachssteak vom Grill ca. 180g <i>Grilled salmon steak approx. 180g;</i>	
Costata alla Griglia ^{2,1}	20.9
Rinderlendensteak ca. 250g Kräuterbutter <i>Beef sirloin steak approx. 250g with herb butter;</i>	
Scampi alla Griglia ^{B,D,N}	23.5
Riesengarnelen vom Grill ca. 6-8 Stk. <i>Grilled king prawns approx. 6-8 pcs.;</i>	
Carne Mista alla Griglia ^{2,1}	26.9
Gemischter Fleischteller vom Grill Kräuterbutter <i>Mixed meat plate from the grill with herb butter;</i>	
Pesce Mista alla Griglia ^{B,D,N}	28.9
Gemischter Fischteller vom Grill <i>Mixed fish plate from the grill;</i>	

Beilagen

Side dishes

Pommes Frites ^{A,1} mit Ketchup & Mayonnaise	3.5
<i>French fries with ketchup & mayonnaise;</i>	
Kartoffelecken ^{A,1} mit Sourcream-Dip	3.7
<i>Potatoe wedges with sour cream dip;</i>	
Gemischter Salat ^{1,1} mit Balsamicodressing	3.9
<i>Mixed side salad with balsamico sauce;</i>	
Garnelen ^{B,D,N}	4.9
<i>Prawns;</i>	

Desserts

Sweets

Affogato al Caffè ^{8,9,13,G} Espresso Vanilleeis <i>Espresso with vanilla ice cream;</i>	3.5
Gemischtes Eis ^{8,9,G} Erdbeere Schokolade Vanille <i>Mixed ice cream with strawberry, chocolate and vanilla;</i>	4.9
Hausgemachtes Tiramisù ^{8,9,13,G} Nach Art des Hauses <i>Homemade Tiramisù;</i>	5.5
Hausgemachtes Panna Cotta ^{8,9,G} Nach Art des Hauses <i>Homemade Panna Cotta;</i>	5.5
Schoko Soufflé ^{1,8,9,G} Mit Schokosauce <i>Chocolate soufflé with chocolate sauce;</i>	5.5
Süße kleine Pizza (ca. 25 cm Ø) ^{A,1,8,9,G} Nutella Banane Mandelsplitter Puderzucker <i>Sweet little pizza with Nutella, banana, almonds and powdered sugar;</i>	6.9
Dessert-Mix Platte (für 2 Pers.) ^{1,8,9,G} Reise durch die italienische Dessertwelt <i>Dessert Mix Plate - Journey through the Italian dessert world;</i>	10.9

Heißgetränke

Hot beverages

Espresso ¹³	1.9
Espresso macchiato ^{13,G}	2.2
Espresso doppio ¹³	2.9
Espresso corretto ¹³ mit 2 cl Grappa	4.9
Caffè ¹³	2.9
Cappuccino ^{13,G}	3.2
Latte macchiato ^{13,G}	3.8
Latte macchiato Spezial ^{9,13,G} Karamell Vanille Mandel Haselnuss Zimt	4.5
Heiße Schokolade ^{9,G}	3.9
Brodies Tee	3.2
Earl Grey Darjeeling Green Tea Peppermint Camomile Apple & Mango Forest Fruits Citrus & Lemongrass	

Softdrinks

San Pellegrino (sprudel - <i>sparkling</i>)	0,25l	2.9	0,75l	5.9
Aqua Panna (still)	0,25l	2.9	0,75l	5.9
Tafelwasser <i>Table water</i>			0,40l	2.9
Coca-Cola ^{1,13} Coca Cola Zero ^{1,9,10,1}			0,20l	2.9
Mezzo-Mix ^{1,3,13} Fanta ⁹ Sprite ⁹			0,20l	2.9
Paulaner Spezi ^{1,3,9,13}			0,50l	3.9
Zitronenlimonade ⁹ <i>Lemonade</i>			0,50l	3.5
Thomas Henry ^{1,3,9,14} Bitter Lemon Ginger Ale Tonic Water			0,20l	2.9
Red Bull ^{1,9,10,13,14,15} Red Bull sugarfree ^{1,9,10,13,14,15}			0,25l	3.7
Saft - <i>Juice</i> Apfel naturtrüb - <i>apple naturally cloudy</i> Maracuja - <i>passion fruit</i> Orange Johannisbeere - <i>currant</i> Rhabarber - <i>rhubarb</i> Kirsche - <i>cherry</i> Mango Cranberry Ananas - <i>pineapple</i> Pink Grapefruit			0,20l	2.9
Saftschorle <i>Juice spritzer</i>			0,40l	3.9

Aperitive & Co.

Aperol Spritz ^{1,14} Aperol Prosecco Soda Orange	0,25l	5.9
Hugo ^{9,14} Prosecco Soda Holunderblütensirup Minze Limette	0,25l	5.9
Rosato Spritz ^{1,14} Ramazzotti Rosato Prosecco Soda Basilikum Orange	0,25l	5.9
Abasto Spritz ^{1,9,14} Gin Hauslimonade Soda Granatapfelsirup Minze Zitrone	0,25l	6.9
Campari Orange ¹ Campari Soda ¹	0,24l	7.9
Gin Tonic ¹⁴	0,24l	7.9
Whiskey Cola ^{1,13,14}	0,24l	7.9
Vodka Red Bull ^{1,13,14,15} Vodka Lemon ¹⁴	0,24l	7.9
Cuba Libre ^{1,13}	0,24l	8.2
Prosecco ¹⁴	0,10l	3.5
Prosecco Valdo MARCA ORO D.O.C. ¹⁴	0,75l	19.9
R de Ruinart Brut Champagne ¹⁴	0,75l	99.0

Biere ^A

Beers

Bier vom Fass

Draught beer

Tegernseer Helles	0,30l	2.8
<i>Draught lager beer</i>		
Tegernseer Helles	0,50l	3.7
<i>Draught lager beer</i>		
Hopf Helles Hefe-Weißbier	0,30l	2.9
<i>Draught wheat beer</i>		
Hopf Helles Hefe-Weißbier	0,50l	3.9
<i>Draught wheat beer</i>		

Flaschenbier

Bottled beer

Tegernseer Dunkel	0,50l	3.7
<i>Dark beer</i>		
Hopf leichtes Hefe-Weißbier	0,50l	3.9
<i>Light wheat beer</i>		
Hopf dunkles Hefe-Weißbier	0,50l	3.9
<i>Dark wheat beer</i>		
Hopf alkoholfreies Hefe-Weißbier	0,50l	3.9
<i>Non-alcoholic wheat beer</i>		
Hacker-Pschorr Münchner Kellerbier naturtrüb	0,50l	3.9
<i>„Cellar“ beer naturally cloudy</i>		
Tegernseer Pils	0,33l	3.5
<i>Pilsner beer</i>		

Biermischgetränke

Beer mixes

Radler ⁹	0,30l	2.8
<i>Shandy</i>		
Radler ⁹	0,50l	3.7
<i>Shandy</i>		
Russen ⁹	0,30l	2.9
<i>Wheat beer shandy</i>		
Russen ⁹	0,50l	3.9
<i>Wheat beer shandy</i>		
Cola-Weizen ^{1,9,13}	0,50l	3.9
<i>Coca-Cola and wheat beer</i>		

Weine

Wines

ABASTO'S SELEKTION

Weiß

White

Riesling DQ	0,20l	5.9	0,75l	19.5
Rheingau, Deutschland Weingut Schumann-Nägler trocken, schmelzig, klar <i>Rheingau, Germany Winery Schuman-Nägler dry, molten, clear</i>				
Chardonnay IGP	0,20l	6.5	0,75l	22.9
Abruzzen, Italien Cantina Tollo trocken, fruchtig, vollmundig <i>Abruzzi, Italy Winery Cantina Tollo dry, fruity, full-bodied</i>				
Sämling Spätlese QW	0,20l	6.9	0,75l	23.9
Burgenland, Österreich Weingut Salzl halbtrocken, aromatisch, fruchtig <i>Burgenland, Austria Winery Salzl medium-dry, aromatic, fruity</i>				
Lugana DOC	0,20l	7.5	0,75l	25.9
Lombardei, Italien Cà dei Frati, Trebbiano di Lugana trocken, frisch, fruchtig <i>Lombardy, Italy Winery Cà dei Frati dry, fresh, fruity</i>				

Rot

Red

Montepulciano DOP	0,20l	5.9	0,75l	19.5
Abruzzen, Italien Cantina Tollo trocken, fruchtig, weich <i>Abruzzi, Italy Winery Cantina Tollo dry, fruity, mild</i>				
Merlot DOC	0,20l	6.5	0,75l	22.9
Venetien, Italien Cantina Custoza del Garda trocken, weich, elegant <i>Venetia, Italy Winery Cantina Custoza del Garda dry, mild, elegant</i>				
Nero d'Avola DOP	0,20l	6.9	0,75l	23.9
Sizilien, Italien Antonello Cassara trocken, intensiv, harmonisch <i>Sicily, Italy Winery Antonello Cassara dry, intense, harmoniously</i>				
Primitivo IGP	0,20l	7.5	0,75l	25.9
Apulien, Italien Cantina San Giorgio „Aulone“ trocken, kräftig, vielfältig <i>Apulia, Italy Winery Cantina San Giorgio „Aulone“ dry, hearty, many-faceted</i>				

Rosé

Bardolino Chiaretto DOP	0,20l	6.5	0,75l	22.9
Venetien, Italien Casal Busol trocken, fruchtig, fein <i>Venetia, Italy Winery Casal Busol dry, fruity, fine</i>				

Weinschorle

Wine spritzer

Weiss Rot Rosé	0,20l	3.9	0,50l	7.9
<i>White red rose</i>				

Spirituosen

Spirits

<u>Vodka</u>	4 cl	<u>Rum</u>	4 cl
Absolut Vodka	5.5	Havana Club <i>3 years</i>	5.5
Belvedere	6.5	Havana Club <i>7 years</i>	6.5
Grey Goose	7.5	Matusalem <i>15 years</i>	7.5

<u>Whiskey</u> ¹	4 cl	<u>Gin</u>	4 cl
J.W. Red Label	5.5	Tanqueray	5.5
Jack Daniel's	5.9	Bombay Sapphire	6.5
J.W. Black Label <i>12 years</i>	6.5	The Duke Gin	6.9
Chivas Regal <i>12 years</i>	6.5	Bulldog Gin	6.9
Talisker <i>10 y. Single Malt</i>	7.9	Hendrick's Gin	7.5
Slyrs <i>Bavarian Single Malt</i>	8.5	Gin Mare	7.9
Lagavulin <i>16 y. Single Malt</i>	8.9	Monkey 47 Gin	8.5

<u>Bitter</u> ^{1,13}	2 cl	<u>Likör</u> ^{1,13}	2 cl
Averna	2.9	Sambuca	2.9
Jägermeister	2.9	Baileys	2.9
Ramazzotti	2.9	Frangelico	2.9

Zusatzstoffe

1 = mit Farbstoff 2 = mit Konservierungsstoff 3 = mit Antioxidationsmittel 4 = mit Geschmacksverstärker 5 = geschwefelt 6 = geschwärzt 7 = mit Phosphat 8 = mit Milcheiweiß 9 = mit Süßungsmittel 10 = enthält eine Phenylalaninquelle 11 = gewachst 12 = mit Nitrit Pökelsalz 13 = koffeinhaltig 14 = Chinin haltig 15 = mit Taurin

Allergene

A = glutenhaltiges Getreide (A1=Weizen / A2=Gerste) B = Krebstiere C = Eier D = Fisch E = Erdnüsse F = Soja G = Milch und Milchprodukte (einschließlich Laktose) H = Schalenfrüchte I = Sellerie J = Senf K = Sesamsamen L = Schwefeldioxid und Sulfite M = Lupinen N = Weichtiere

Additives

1 = with colorant 2 = with preservative 3 = with antioxidant 4 = with flavour enhancer 5 = sulphurated 6 = blackened 7 = with phosphate 8 = with milk protein 9 = with sweetener 10 = contains a phenylalanine source 11 = waxed 12 = with nitrite curing salt 13 = containing caffeine 14 = quinine containing 15 = with taurine

Allergens

A = gluten-containing cereals (A1=wheat / A2=barley) B = crustaceans C = eggs D = fish E = peanuts F = soy G = milk and milk products (including lactose) H = nuts I = celery J = mustard K = sesame seeds L = sulphur dioxide and sulphites M = lupins N = molluscs